Size	ltem	Albertsons 1990	Albertsons 2020	Valley Market 1990	Cory's Valley Market 2020
1 lb	Cauliflower	\$0.99	\$2.49	\$0.79	\$1.69
1 lb	Broccoli Crown	\$0.99	\$2.69	\$0.79	\$1.99
1 lb	Tomatoes	\$0.89	\$2.29	\$0.89	\$1.89
1 lb	Bananas	\$0.59	\$0.69	\$0.49	\$0.79
1 lb	Iceberg Lettuce	\$0.99	\$1.99	\$0.79	\$1.69
10 lb bag	Russet Potatoes	\$2.29	\$3.99	\$1.98	\$1.98 sale / \$5.29 reg
1 lb	Yellow Onions	\$0.33	\$0.99	\$0.39	\$0.39 sale / \$0.79 reg
Each	Green Peppers	5 for \$1.00	\$1.29	4 for \$1.00	\$1.29
1 lb	Red Delicious Apples	\$0.69	\$1.49	\$0.69	\$1.99
1 lb	Celery	\$0.59	\$1.99 per bunch	\$0.49	\$0.99 sale/ \$1.19 reg per bunch
Dozen	Medium Eggs	\$0.89	\$0.89	\$0.75	\$1.14
Dozen	Large Eggs	\$0.99	\$1.69	\$0.89	\$0.79 sale/ \$0.99 reg
2 lb	Velveeta Cheese	\$5.29	\$9.49	\$5.75	\$10.99
1 lb	Darigold Butter Quarters	\$1.89	\$3.99 sale / \$4.99 reg \$5.49 Land O Lakes	\$1.99	No Darigold \$4.99 Land O Lakes
2 lb	House Brand Mild Cheddar Block	\$4.99	\$7.99	\$5.73	\$7.99
1 lb	Ground Beef 21% Fat	\$1.79	\$4.00 20% fat	\$1.79	\$3.99 20% fat
1 lb	Rib Steak	\$4.58	\$9.99	\$4.29	\$7.99 sale / \$9.99 reg
1 lb	Pork Chops	\$3.39	\$3.49	\$3.29	\$2.29

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29 oz	Early Garden Canned Peaches	\$0.99	\$3.29 sale / \$3.69 reg Signature Select	\$0.99	\$2.79 sale / \$2.99 reg Food Club
15.25 oz	House Brand Canned Corn	\$0.53	\$0.79 sale / \$1.00 reg	\$0.59	\$0.69 sale / \$0.99 reg
2 lb	C&H Brown Cane Sugar	\$1.13	\$3.49	\$1.23	\$3.19
7 lb	Krusteaz Pancake Mix	\$4.13	\$2.50 sale / \$3.79 reg 32 oz	\$4.33	\$3.39 sale/ \$3.69 reg 32 oz
39 oz	Folger Coffee Medium Roast	\$8.88	\$10.39 sale/ \$10.99 reg 30.5 oz	\$6.79	\$11.49 30.5 oz
48 count	Lipton Tea Bags	\$2.05	\$4.99 100 count	\$2.19	\$5.59 100 count
30 oz	Swiss Miss Hot Chocolate	\$4.13	\$2.50 sale / \$2.99 reg 8 count	\$4.19	\$1.49 sale / \$1.99 reg 8 count
6.5 oz	Chucky Tuna	\$0.73	\$1.39 sale / \$1.59 reg 5 oz	\$0.75	\$1.69 5 oz
30 oz	Nalley Chili Beans	\$1.99	\$1.49 sale / \$1.89 reg 14 oz	\$2.19	\$1.19 14 oz
16 oz	Kraft Salad Dressings	\$2.33	\$3.29	\$2.37	\$1.99 if you buy eight / \$2.49 reg
32 oz	House Brand Ketchup	\$1.19	\$2.79	\$1.17	\$2.11
46 oz	Nalley Banquet Dill Pickles	\$2.59	\$3.99 sale / \$4.49 reg *Vlasic whole	\$2.73	\$4.19 sale / \$4.79 reg *Vlasic whole
15 oz	House Brand Tomato Sauce	\$0.48	\$1.00 sale/ \$1.39 reg	\$0.43	\$1.29 sale/ \$1.39 reg
20 oz	Cheerios	\$3.69	\$3.99 12 oz	\$3.77	\$4.99 12 oz

10 oz	Corn Flakes	\$2.73	\$4.99 18 oz	\$2.59	\$4.89 18 oz
9 oz	Kix Cereal	\$2.09	\$5.49 18 oz	\$2.09	\$5.49 18 oz
12 oz	House Brand Egg Noodles	\$0.99	\$1.67 sale / \$1.99 reg	\$0.97	\$2.49 sale / \$2.59 reg
12 oz	House Brand Frozen Orange Juice	\$1.33	\$2.29	\$1.45	\$2.29
Carton	Marlboro Cigarettes	\$14.01	No longer sold	\$14.05	\$75.70 * Not in total
4 rolls	Soft and Gentle Bath Tissue	\$1.35	\$8.49 Scott 12 rolls	\$1.09	\$7.79 Scott 12 rolls
80 bags	House Brand Sandwich Bags	\$0.57	\$3.29 90-bag w/ zipper	\$0.57	\$3.98 sale / \$4.38 reg
8 lb	Family-size Cheer Detergent	\$10.57	\$11.99 Tide 5.75 lb	\$10.07	\$16.99 Tide 5.75 lb
64 oz	Downy Fabric Softener	\$2.93	\$6.49	\$3.39	\$6.59
22 oz	Dove Dish Soap	\$1.15	\$3.99 Dawn 19.4 oz	\$1.23	\$3.19 Dawn 19.4 oz
12 pack / 12 oz	Budweiser Beer	\$6.77	\$12.99 sale/ \$14.99 reg	\$6.75	\$11.29
46 oz	Hunts Tomato Juice	\$0.99	\$4.29 Campbells	\$1.03	\$2.99 Campbells
28 oz	House Brand Peanut Butter	\$2.97	\$3.79	\$2.99	\$4.59 sale / \$4.79 reg
1 roll	Bounty Paper Towels	\$1.09	\$9.99 Viva 6 rolls	\$0.89	\$8.99 Fiora 6 rolls
8 oz	Kraft Parmesan Cheese	\$3.79	\$5.49	\$3.15	\$7.19
Total prices (sale prices used)		\$121.33	\$192.56	\$118.81	\$189.69 *